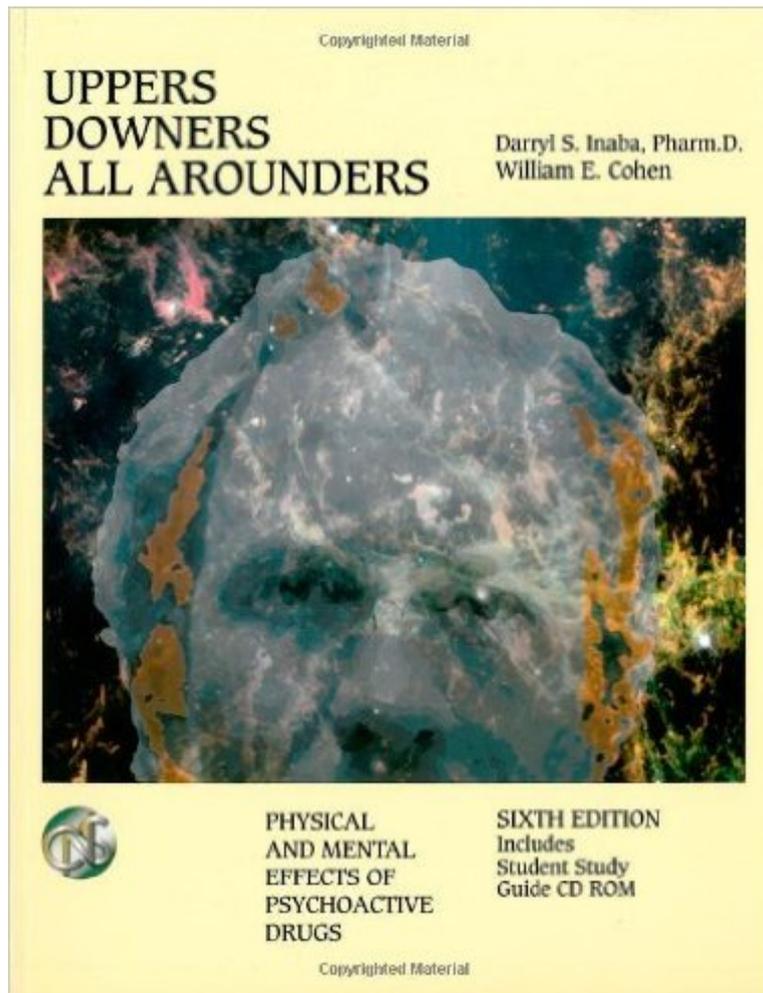


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# Uppers, Downers, All Arounders: Physical And Mental Effects Of Psychoactive Drugs



## Synopsis

Health, Mind, & Body/Psychology & Counseling 6th Edition. CD can be downloaded from the site.

## Book Information

Paperback: 602 pages

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Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (66 customer reviews)

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## Customer Reviews

I bought this book as part of a MSW program, specifically for a substance use class. I must say, this book was not helpful at all. It tends to explain drugs as if you had no clue as to what a drug was or what it did. The writing was very dry which made it more difficult to want to read it. It did seem very encompassing as to all types of drugs throughout history. Despite all of the information I would still not say that this book was helpful. Unless this was assigned reading I would not recommend this book at all, look elsewhere for information on drugs.

Awesome text book and reference. There are newer editions but this is a great book....one I actually kept. The presentation of the material was clear and purposeful and relevant to the Drug and Alcohol Counseling Field.

I call this book my "drug bible". I went to school to be a substance abuse therapist and while I don't actually do that for a living, I have kept this book around because of the immense knowledge I gained from it. By far the most interesting textbook I ever had to use.

Book contains a lot of information with good sources. However, it is very difficult to read -- the

publisher uses a lot of bold script and it cause me to lose concentration and focus only on the bold material. Need improvement with the way how the text is presented.

This is a great text and I rarely give out that compliment. I like the broad perspective it provides that is more realistic than many such books that are from the moral model era perspective that are using misinformation to scare people about the ills of drugs rather than the truth which is scary enough. This would be a good reference book for the average household or professionals office and should be required reading in all schools! Pick up an older edition for yourself or like I did to lend to friends, family and clients.

this book was my text book for my CD class at Pierce College in Washington State. I am still using it today for and with my my CD clients. It is very resourceful. I especially like the first person accounts of addiction, they made a scary impact on my clients. This is why I ordered a second copy so that we could read it together

I am a substance abuse counselor and I utilize this book in my work. It has been many years since I took a psychopharmacology class and this has new and updated information that has been vital to my work.

This is one of the BEST textbooks that I have ever purchased! Any student will WANT to read it!! Do yourself a favor if you are an Addictions Counselor Major, do re-sale this book! It makes a nice reference book!

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